

RETIREMENT CLUB NEWSLETTER

March 2015 No 307

Manton Lane MK41 7PF

Tel: 01234 350681

FEBRUARY WALK - Russ Packwood & Tony Manning



Our February Walk started from the Half Moon Pub in Kempston High Street. After ordering food 18 of us set off on a somewhat cloudy and cold morning – no rain, but a bit of sun would have been most welcome. We crossed the High Street on a footpath that took us past Hastingsbury School, and a new housing development, eventually crossing the A428 bypass road. We then joined a footpath through an area that is part of the Marston Vale Forest and continued past Keeley Green on a path that lead us out onto Cemetery Road. This continued to the Box End Road where we crossed over onto the lane leading to All Saints Church and stopped for the photo opportunity as above. Just beyond the Church we passed the now closed Kempston Rural school and onto the path known as ‘Ladies Walk’ a pleasant, tree lined way close to the river that lead us back to Water Lane and the Half Moon Pub for a well deserved lunch.

MARCH WALK

Keith Rose will be leading this walk which will start from the Cowpers Oak, High Street, Weston Underwood, Bucks, MK46 5JS. The walk will be about 5.3 miles in length. Please meet at 10:15 for a prompt 10:30 start.

ANNUAL LUNCH - Wednesday 22 April 2015

The menu and booking form are at the end of this newsletter. Please return the form to Trevor Tumber by Friday 10th April.

SENIORS MEETING

There will be a meeting at the Horse and Groom Public House in Clapham on Monday 13th April at 19:30. Contact: Tony Dickason, 01234 824741, g0ekd@uwclub.net

RAeS LECTURE - 11th March 2015

Personal reminiscences of 53 years in aerodynamics by Frank Ogilvy. ARA. 6.30 for 7:00pm

FORTHCOMING EVENTS	
Wednesday 11th March, 10:15	March Walk, Cowpers Oak, High Street, Weston Underwood, Bucks, MK46 5JS
Wednesday 11th March, 18:30	RAeS Lecture, Personal reminiscences of 53 years in aerodynamics, ARA
Monday 13th April, 19:30	Seniors Meeting, Horse and Groom PH, Clapham
Wednesday 22nd April	Annual Lunch, Queens Head, Milton Ernest

Please send any copy for publication to me by the 15th of the month, Keith Rose

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ARA Retirement Club

Annual Luncheon

The Queens Head Hotel

Milton Ernest

Wednesday 22nd April 2015

Meet at 12.30pm for 1.00pm Lunch

Menu

Mains

- M1 Beef & Ale Pie** - British beef & Old Speckled Hen ale pie, with mashed potato, braised red cabbage, honey-&-thyme-roasted parsnips and curly kale, served with a rich gravy. **£9.59**
- M2 Beef Lasagne** – with a dressed salad Garnish, seasoned chips. **£8.29**
- M3 Smokey Bean Chilli (V)** – with rice, tortilla chips and sour cream. **£6.99**
- M4 Hunter's Chicken** – topped with Barber's 1833 Vintage Reserve Cheddar, smoked bacon and BBQ sauce, with chips and peas. **£9.29**
- M5 Bangers & Mash** – Gloucestershire Old Spot pork sausages with mashed potato and caramelised red onion gravy. **£7.99**

Desserts

- D1 Sticky Toffee Pudding (V)** – with Clotted cream and toffee sauce. **£4.79**
- D2 Bramley Apple Pie (V)** – with creamy Drambuie custard. **£4.29**
- D3 Black Forest gateaux (V)** – with a cherry compote. **£4.79**
- D4 Luxury Dairy Ice Cream (V)** – your choice of three scoops of the following flavours:-
Clotted cream, Chocolate, Maple & Walnut. **£4.49**

Tea /Coffee £1.95

The 2015 ARC Luncheon

This year we have made arrangements for a Luncheon to be held at
The Queens Head Hotel, Milton Ernest
on Wednesday 22nd April, 12.30pm for 1.00pm
Prices as per menu.

The Luncheon will be followed by a short A.G.M., so please come along and support it.
 Complete the booking form below with your choice of main course and dessert, do not forget to delete the Tea/ Coffee option if not required, and do this for each member of your party. Your choices will be repeated on 'place/reminder cards'. Enter the prices (see Menu) and write a cheque for the total.
 If you have any special dietary requirements please give the details on the form.
 The Booking form is to be returned, with a cheque payable to the 'ARA Retirement Club', to :-

T G Tumber, 16 Silver End Road, Haynes, Bedford. MK 45 3PP
 If you have any queries tel: 01234 381466 or email tandc.tumber@gmail.com

Please return your booking as soon as possible but no later than Friday 10th April

Luncheon Booking Form/Menu Choices

Name: Contact Tel. N^o.

Name	Main					Dessert				T/C	Total
	M1	M2	M3	M4	M5	D1	D2	D3	D4		
Price										£1.95	
Price										£1.95	

Please tick your choices and enter the prices and total

Special Dietary Requirements:

Cheque No. enclosed to the value £.....

Seating Request.....

Note: Cheques are to be made payable to 'ARA Retirement Club'